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# EARL GREY CHILDREN'S CENTRE



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# Earl Grey

## Greetings

By Diana Metrik, Centre Supervisor

Hello everyone,

The summer is finely here with sunshine and fun, and we are all looking forward for exciting activities, visits and fieldtrips.

An active summer program was planned with many outdoor and indoor activities, picnics, swimming, yoga, field trips, and nature walks. Summer calendars were sent out in the beginning of June for your records. We ask to read this calendar daily so you don't miss out anything.

### **Announcements**

We said good-bye to some of our friends; they went to deferent centres and schools. We also would like to welcome our new children and their families. Hope they feel very comfortable and welcome at Earl Grey Children's Centre.

It's a time to splash in the pool, enjoy the ice cream and have a great season. Please ensure that your child has sunscreen, hat, swimming apparel, towel, and extra set of clothes.

As always, please feel free to stop by the office or talk to our staff if you have any concerns and questions about your child.

Thank you and have a nice and safe July!

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Just a reminder: please make sure you or anyone who's picking your child up brings their ID. If the staff doesn't know you, they will be asking for ID. Thank you for your cooperation.

## Fun to do with your Child

Frozen fruit pops are the perfect summertime snack. Not only are they cool and delicious, they also provide a quick way to hydrate your child on a hot summer day.

#### What you need:

- -1 8 oz. container of low-fat, low-sugar fruit yogurt
- -4 popsicle sticks

### What to do:

- -Pour fruit yogurt into popsicle molds or small paper cups.
- -Add sticks.
- -Freeze.
- -Remove and eat.